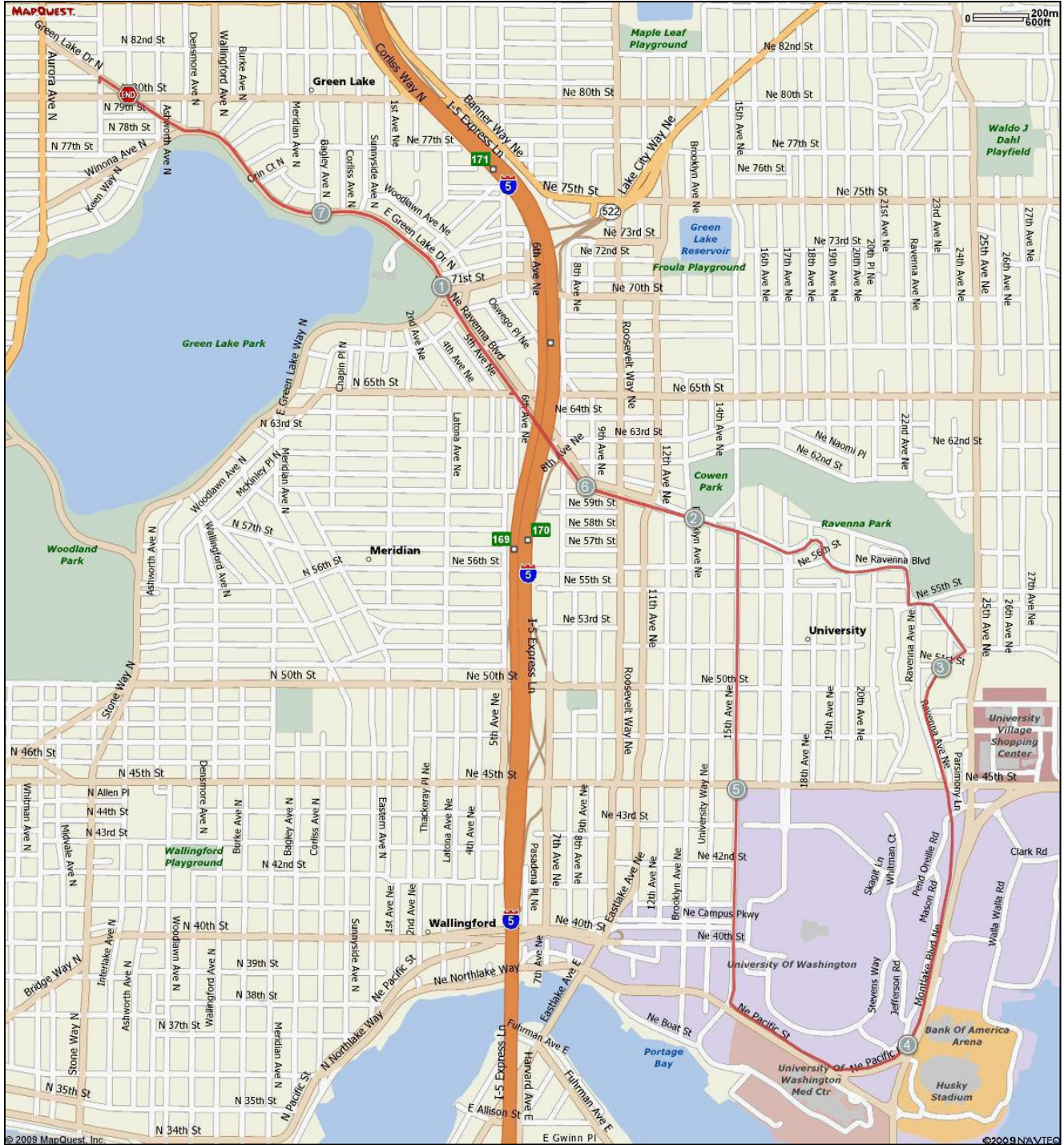


7A Mile Route



7A Mile Route



Step	Stage	Total	Direction	Description
1			Start	Bethany Community Church @ Green Lake Drive N
2			Southeast	Green Lake Drive N
3			Cross	W Green Lake Dr N
4			Left/Clockwise	Run Clockwise on Outer Path
5			Left/Southeast	NE Ravenna Blvd
6			Right/South	Ravenna Ave NE
7			Left/East	NE 54 th St
8			Right/Southeast	Ravenna Pl NE
9			Right/West/Southwest	NE Blakely St
10			South, curve	West Burke Gilman Trail (through UW campus)
11			Right/North	15 th Ave NE
12			Left/Northwest	NE Ravenna Blvd
13			Right/Northwest	E Green Lake Dr N (Run Counter-Clockwise on Outer Path)
14			Right/Northwest	Green Lake Drive N
15			Finish	Bethany Community Church