





7B Mile Route



| Step | Stage | Total | Direction | Description |
|------|-------|-------|----------------|--|
| 1 | 0.0 | 0.0 | Start | Bethany Community Church @ N 80 th St |
| 2 | 1.1 | 1.1 | Right/West | N 80 th St |
| 3 | 1.8 | 2.9 | Left/South | 8 th Ave NW |
| 4 | 0.6 | 3.5 | Left/Southeast | Leary Way NW |
| 5 | 0.4 | 3.9 | Left/East | NW 39 th St |
| 6 | 0.8 | 4.7 | Left/North | Fremont Ave N |
| 7 | 0.2 | 4.9 | Left/West | N 50 th St |
| 8 | 1.4 | 6.3 | Right/North | Phinney Ave N (Phinney becomes Greenwood Ave N |
| | | | | just past 67 th St) |
| 9 | 0.5 | 6.8 | Right/East | N 77 th St |
| 10 | 0.2 | 7.0 | Left/North | Stone Ave N |
| 11 | | 7.0 | Finish | Bethany Community Church |